

GAP Twelve Steps

- 1) I admit I'm powerless over (sin) _____ & _____ & _____ . So much so, that my life has become unruly and unmanageable.
- 2) I believe that a God, greater than myself, can restore me to soundness and wholeness.
- 3) I've made a decision to turn my will and my life over to the care of God as I begin to understand Him.
- 4) I will start to search my conscience and take a moral account of myself.
- 5) I will admit to God, plus another person and especially to myself the exact nature of my wrongs.
- 6) I am entirely ready to have God remove all of these defects from my character.
- 7) I humbly ask Him to remove my shortcomings and faults.
- 8) I've made a list of all the persons I have harmed, and I'm willing to make amends to them all.
- 9) I'll make direct amends to such people whenever possible, except when to do so would cause injury to them or others.
- 10) I'll continue to take a personal inventory and when I'm wrong admit it.
- 11) Through prayer and reflection, I will improve my conscious contact with God, praying for knowledge of His will for my life and the power to carry that out.
- 12) Having had a spiritual awakening as a result of these steps, I will try to carry this message to others; as well as, try to practice these principles in all of my relationships.

Signature: _____ Date: _____

Mentor: _____ Date: _____